



HIGHLANDS POINT

2311 Ivy Hill Way • San Ramon • CA • 94582
(925) 553-7147 • (925) 553-7190 (FAX)

DECEMBER

Meet The Staff

Jeannette Reyes - Manager
Sapna Goel - Assistant Manager
Natasha Vargas - Leasing
Carl David - Leasing
Sagrario Mendez - Maintenance
Rigoberto Mendez - Maintenance
Brett Reynante - Maintenance

Office Hours

Monday -- 8:30 am - 5:30 pm
Tuesday - Friday -- 8:30 am - 6:00 pm
Saturday -- 8:30 am - 5:30 pm
Sunday -- Closed
(Adjustments will be posted on office door)

Security Office - (925) 297-4008

Season's Greetings!

The holiday season has arrived! During this season, the staff would like to wish all of our residents the happiest of times. May this holiday season be filled with much joy and happiness. The office will observe the following holiday hours:

- Wednesday, December 25th - Closed

Rent Reminder

Rent is due on the 1st day of each month and is considered late on the 6th. All late rent must include a **\$50.00** late charge. Thank you for paying your rent on time.

Don't Drink & Drive

It is that time of year when many will be celebrating the holiday season by attending numerous parties. Let's keep this holiday season a safe one by picking a designated driver. Remember, friends don't let friends drive drunk.

Parking Crunch

During the holiday season you can expect increased visits from family and friends. To avoid a parking crunch, please inform your family and friends to park **in the guest parking located behind building 9**. Thank you for your anticipated cooperation.

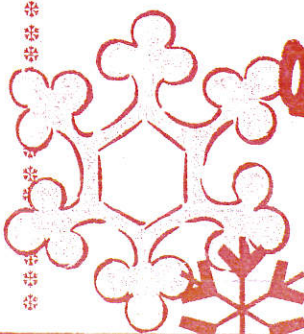
Critter Ridder

The exterminator is here at Highlands Point each Thursday. If you are in need of this service, please contact the office.

Welcome, New Residents

Comfort and convenience are important in the place you call home. We strive to offer both to all of our residents. If there is anything we can do to make your stay more enjoyable, contact the office.

Have A Great Month



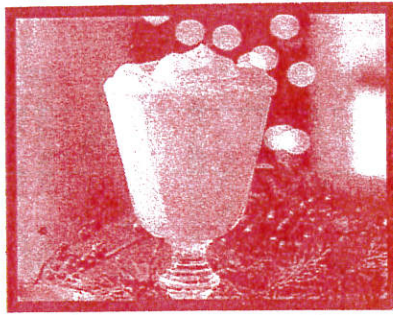
Quote of the Month

Blessed is the season which engages the whole world in a conspiracy of love!

~Hamilton Wright Mabee

EGGNOG

This recipe will become a family tradition ... guaranteed!



- 6 eggs, separated*
- 3/4 cup sugar
- 2 cups heavy cream
- 8 cups milk
- 1 cup Bourbon
- 1 tablespoon vanilla
- Nutmeg

Directions

In a bowl beat the egg yolks with the 1/2 cup of sugar until thick. In another bowl beat the egg whites with 1/4 cup of sugar until thick. In a third bowl beat the cream until thick. Add the cream to the yolks, fold in the egg whites, and add the milk, Bourbon, vanilla, and a pinch of nutmeg, if desired. Chill in freezer before serving. Serve eggnog in a large punch bowl.

*RAW EGG WARNING

Use caution in consuming raw and lightly-cooked eggs due to the slight risk of Salmonella or other food-borne illness. To reduce this risk, use only fresh, properly-refrigerated, clean, grade A or AA eggs with intact shells.

HOLIDAY recipe swap

'Tis the season to be jolly, creative, and oh-so-busy! A recipe swap is one ideal way to enjoy it all. You get to share festivities with friends and family, save time, and sample an assortment of delectable desserts you can then add to your own holiday recipe list. Here are a few ideas to ensure your holiday recipe soiree is a sure-hit!

- **SET THE GROUND RULES** - Have each invitee bake six cookies, brownies, etc. for each guest, plus an extra dozen to sample at the party. Remind guests to bring a container, such as a cookie tin or a covered box lined with foil, to carry the goodies home.
- **KEEP A LIST** - Of course, variety is truly the spice of a dessert-exchange party - so when guests RSVP make note of what kind of treat they plan to bring. Ask each guest to bring a copy of their recipe for each guest.
- **ENCOURAGE TRIVIA** - Along with dessert, ask guests to bring a story, favorite memory, or bit of trivia about their particular recipe. It might be the history of the red velvet cake or a favorite family recipe.
- **ROUND OUT THE MENU** - Everyone loves to start with dessert -- but consider serving other refreshments and munchies at the party. That way, attendees can have their cake and save it too.

Underneath the Mistletoe ...



Mistletoe is an aerial parasite that has no roots of its own and lives off the tree that it attaches itself to. Without that tree it would die. Mistletoe was thought to be sacred by ancient Europeans. Druid priests employed it in their sacrifices to the gods while Celtic people felt it possessed miraculous healing powers. In fact, in the Celtic language mistletoe means "all-heal." It not only cured diseases, but could also render poisons harmless, make humans and animals prolific, keep one safe from witchcraft, protect the house from ghosts and even make them speak. With all of this, it was thought to bring good luck to anyone privileged to have it.

Norsemen offer us a beautiful symbolic myth about mistletoe. The story goes that Mistletoe was the sacred plant of Frigga, goddess of love and the mother of Balder, the god of the summer sun. Balder had a dream of death, which greatly alarmed his mother, for should he die, all life on earth would end. In an attempt to keep this from happening, Frigga went at once to air, fire, water, earth, and every animal and plant seeking a promise that no harm would come to her son. Balder now could not be hurt by anything on earth or under the earth. But Balder had one enemy, Loki, god of evil and he knew of one plant that Frigga had overlooked in her quest to keep her son safe. It grew neither on the earth nor under the earth, but on apple and oak trees. It was lowly mistletoe. So Loki made an arrow tip of the mistletoe, gave to the blind god of winter, Hoder, who shot it, striking Balder dead. The sky paled and all things in earth and heaven wept for the sun god. For three days each element tried to bring Balder back to life. Frigga, the goddess and his mother finally restored him. It is said the tears she shed for her son turned into the pearly white berries on the mistletoe plant and in her joy Frigga kissed everyone who passed beneath the tree on which it grew. The story ends with a decree that who should ever stand under the humble mistletoe, no harm should befall them, only a kiss, a token of love.

FULL MOON TRIVIA

December Full Moon -- Full Cold Moon or Full Long Nights Moon

During this month the winter cold fastens its grip, and nights are at their longest and darkest. It is also sometimes called the Moon before Yule. The term Long Night Moon is a doubly appropriate name because the midwinter night is indeed long, and because the Moon is above the horizon for a long time. The midwinter full Moon has a high trajectory across the sky because it is opposite a low Sun.





YULE

WINTER SOLSTICE

Celebrated by Wiccans worldwide, Yule occurs on the winter solstice -- the shortest day of the year. After Yule, the days grow longer as Earth tilts back toward the Sun.

The ancient Romans referred to this day as *Dies Natalis Invicte Solis* (Birthday of the Unconquered Sun). The Roman Saturnalia festival occurred at this time, during which riotous merrymaking took place: schools were closed, the army rested, no executions were conducted, masters and slaves feasted at the same table, and people donned costumes and danced through the streets.

Many European celebrations have involved holly and mistletoe (which ward off evil spirits), evergreen trees (a reminder that the growing season is coming soon), and ceremonial fires (lit to incite the return of the sunlight and honor the rebirth of the Sun God). The highlight of the festivals, the Yule log, traditionally burns throughout the longest night of the year, then smolders for 12 days before it is ceremonially extinguished.



FROSTY THE SNOWMAN

Frosty the Snowman is a popular Christmas song written by Walter "Jack" Rollins and Steve Nelson and recorded by Gene Autry and the Cass County Boys in 1950. Like Jingle Bells and several other songs about winter, Frosty the Snowman is considered to be a Christmas song despite not mentioning Christmas at all. It was

written after Gene Autry recorded "Rudolph the Red-Nosed Reindeer" and the single sold 2 million copies. Rollins and Nelson shipped the new song to Autry, who recorded "Frosty" in search of another seasonal hit. Like "Rudolph", "Frosty" was subsequently adapted to other media including a popular television special. The song was originally titled "Frosty The Snow Man."

Under Pressure



When winter arrives, most people keep an eye on the thermometer to determine what the temperature is outside, but there's another gauge they need to glimpse at as well: their tire pressure gauge.

Tires lose air pressure routinely at the rate of about one pound per square inch (psi) per month. In addition, every 10-degree drop in temperature results in a loss of one psi, so motorists need to be even more vigilant during winter in maintaining proper tire inflation.

The National Highway Traffic Safety Administration (NHTSA) encourages motorists to check their tire pressure monthly and add air as needed. Substantially under-inflated tires can result in tire failure.

S	A	Y	E	C	I	T	S	L	O	S
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O	C	N	Y	R	E	C	I	O	F	I
W	E	N	E	P	E	F	R	G	H	R
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K	A	L	O	G	S	U	A	L	C	E
H	O	L	I	D	A	Y	S	K	I	R



Happy • Holidays • Santa • Claus
First • Day • Of • Winter • Solstice
Merry • Christmas • Hanukkah
Kwanza • Cold • Snow • Flurries
Ice • Storm • New • Year's • Eve
Presents • Gifts • Sleigh

HOLIDAY HINTS

Stand By Gifts - You should buy some inexpensive unisex gifts to have on hand just in case you need to give a gift at the very last minute to someone. Usually you need these for unexpected guests or even people who maybe got you a gift and you had not expected to give them one. If you don't use it, save it for next year.

Save Time - Before you go shopping around for a particular item, call around to stores first to see if they have it. This will save you the time and frustration from going to store to store, wasting time, energy and gas. Also look up store locations and mapping directions online before you drive around looking.

Shop During the Week - Shop during the weekdays and not on the holidays or weekends. Go after work or during your lunch hour during the week. The weekends are a zoo! It will be crowded in the stores, longer lines, not to mention all the mishaps in the parking lot. The shelves and stores are also messier and disorganized on the weekends as well. Use the weekends to wrap your presents, decorating the house, baking, online shopping, etc.



Stay Healthy - Bring hand sanitizer with you. Those shopping carts are nasty folks, not to mention everything else you and your kids will touch out and about in the stores. Having the flu during the holidays is not fun. Be sure to also get plenty of rest, eat right and take your vitamins!

December Dates To Remember

1 RENT DUE

6 RENT LATE

1	2	3 New Moon	4	5	6	7
8	9	10	11	12	13	14
15	16	17 Full Moon	18	19	20	21 1st Day Of Winter
22	23	24	25 Christmas Day	26	27	28
29	30	31 Christmas Day	DECEMBER			



Extra Storage

In need of extra storage? Storage space is available for the cost of \$50.00 per month. If interested, please contact the office.

Attention, Pet Owners

When taking your pet out for a walk, please make sure it is kept on a leash at all times. It is the responsibility of each pet owner to clean up any mess their pet may make.

- Pets are to be walked around the pet stations.

Refer A Friend

Refer a friend to Highlands Point. If they are approved by the office and move into our community, we will give you a **\$150.00** referral bonus. It is that simple, so send us all of your friends.

Rent Drop

You need to drop off your rent check, but the office is closed. Not a problem! For your convenience, there is an after-hours rent drop located **by the mail boxes.**

Renter's Insurance

Remember that the community's insurance policy doesn't cover your personal effects, so in the event of disaster, replacement of these would be up to you. Don't let extenuating circumstances put you in a bind. Please contact your local insurance agent for more information on purchasing a renter's insurance policy of your own.

Happy Birthday

The staff would like to wish those residents celebrating a birthday in December a very happy birthday.



Holiday Celebration

At

Highlands Point Apts.

In Association with Pacific Housing Inc.

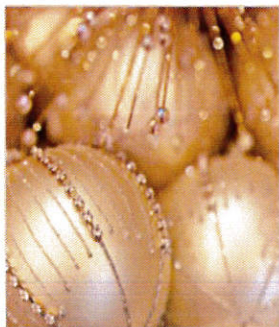
Thurs. Dec. 19th

At the Clubhouse

From 5:30-7pm

Come celebrate the Highlands Point Holiday with residents, vendors (**Comcast and Provident Credit Union**), and Highlands staff. It's a time to eat, drink, play games, have pictures taken, make arts and crafts and be part of a raffle.

All residents are welcome and encouraged to come.



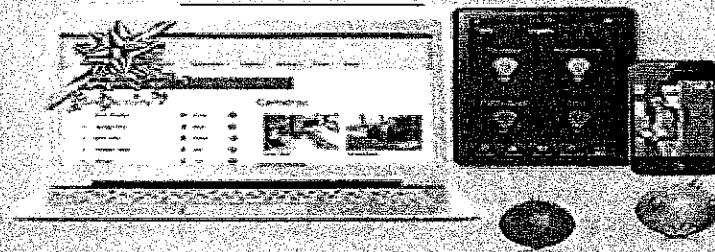
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A California Non-Profit Public Benefit Corporation



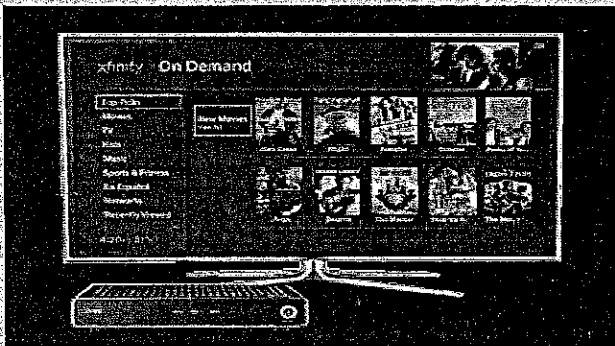
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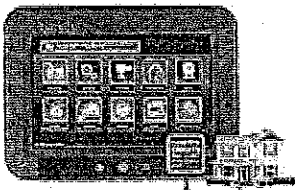


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